

## USEFUL OTHER OTC MEDICATIONS CHEMICALS

ACE	Date sugar	Oil almond
ACEi caution elderly	DIMs (broccoli sprouts)	Oil hemp seed (raw)
Albumin	Dr. Collins Restore toothpaste	Olive oil
Alkalinity	Ecoplast	Pantoprazole
Almond milk ice cream Ø carrageenan	Elderberry syrup	Paroxetine
Almond oil	Emu oil	Pasireotide (wait)
Almond yogurt Ø carrageenan	Erythropoietin	Pepcid
Amino acids ↑ kidney functioning	Floradix	Potassium citrate
Anti inflammatory foods	Fluoride carrageenan free toothpaste	Prebiotics
Antibiotics when needed	Food restricted	Prilosec
Aojiru	Fuzzy toothbrush	Proteinuria ↓
ARB angiotensin receptor site blockers	Garlic oil	Proton pump inhibitors
Arginex	Gelatin	Protonix
Arrowroot	Ghassoul	Pumpkin seed oil
Ascorbic acid	Grape seed extract	Pyridoxine
Avocado oil	H2 blockers	Rhassoul clay
Barley powder	Hempseed oil	Riboflavin
Beneficial PKD	Hempseed oil capsules	Rutin
Bentonite clay	Inositol	Samsca (caution liver)
Berberine (wait)	Iron foods	Sandostatin LAR
Biodynamic	Iron innate iron response	Shohl's
Biomagnet pairs	Klettenwurzels haar oil	Sodium Citrate
Biotin	Lanreotide	Solé
Blue zone	Lemon egg	Test alkalinity
Bon ami	Leucine	Test blood pressure
Borax	Liver useful	Test proteinuria

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Boron	Low fat	Thiamine
Brisdelle (paroxetine)	Lutein	Tight blood pressure control
Broccoli DIMs	Lycopene	Tolvaptan caution liver
Burdock oil	Magnesium citrate (if OK)	Vasopressin suppression
Calcium citrate	Magnesium oil (if OK)	Venlafaxine (Effexor)
Calcium in vegan foods	Magnet pairs	Vitamin B1
Cannabidiol	Menaquinone Ø soy	Vitamin B12
Charlotte's web	Meso-zeaxanthin	Vitamin B2
Chia oil	Miraculin	Vitamin B6
Chia oil capsules	Moroccan Red Clay	Vitamin B7
Cobalamin	Naringenin	Vitamin C
Coconut aminos	Nattokinase Ø Soy	Vitamin D (if prescribed)
Coconut butter	Nettle extract non alcoholic	Vitamin E
Coenzyme Q10	Nexium	Washing soda
Colgate wisp miniToothbrush	Niacin	Yoga
CoQ10	Nicotinamide	Zantac
Curcumin	NMN Nicotinamide Mononucleotide	Zeaxanthin
Daiya	O3 Pure Ozone laundry	Zegerid
Date sugar	Octreotide	

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